



# **ANNUAL REPORT 2023**

**JEFFERSON COUNTY COMMUNITY  
MENTAL HEALTH FUND BOARD**

# **JCCMHFB**

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# DIRECTOR'S LETTER

## Dear Jefferson County Residents:

While the Jefferson County Community Mental Health Fund (JCCMHFB) has been in existence for quite some time, 2023 marked our first full year as a self-governing entity. Previously managed by Comtrea Health Center, JCCMHFB became an independent organization in July of 2022. This year welcomed new faces, a new location, and new funding partnerships.

Several meetings were held with school district partners to help identify the most prominent challenges facing our youth. A school-based assessment was conducted with participation from all 11 public school districts in our county. This report is available to the public on our website and helped guide funding efforts with the hope of instilling a data-driven approach moving forward. We welcomed several new board members and were able to fill all board seats. We have a new office location in Crystal City and held an open-house event over the summer.

2024 will bring an updated community needs assessment and impact report to assist the Board with strategic planning, so as to best use and invest in the highest priority areas and an ever-growing population. The Board is committed, as always, to wise stewardship of County tax dollars in serving the most needs of our Jefferson County residents.



**NICK DAVIS**

Executive Director



**MARY DUNNEGAN**

Board Chair



## MISSION

"Maximizing community resources to build and sustain a comprehensive system of mental health and related services for individuals in need."

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## STAFF

**Nick Davis,**

*Executive Director*

**Ashley Schumacher,**

*Program Manager*

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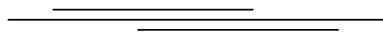
## CONTACT

2372 N. Truman Blvd.,  
Crystal City, MO 63019  
636-331-0545

<https://www.jccmhfb.org/>

Jefferson County Community Mental Health Fund Board was established and authorized by Jefferson County Council and the Statutes of the State of Missouri to receive and administer a Jefferson County Mental Illness property tax levy and a Community Children's Services sales tax.

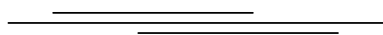
The purpose of both taxes is to assure a system of care for Jefferson County individuals to receive appropriate comprehensive mental health and substance use treatment for adults and children.



The **Community Children's Services sales tax** is a 1/8 cent rate for all taxable goods purchased in Jefferson County to be used solely for the purpose of children's mental health and substance use treatment

- including individual and family counseling,
- psychiatric care, and
- school liaison services for all school districts.
- Additional services include domestic violence residential and counseling services and children advocacy services for Jefferson County.

Annual revenues for the Community Children's Service sales tax is estimated to be \$3.4 million.



The **Mental Illness Levy is a property tax levy (MIL tax/Mental Health Fund)** for all residents and businesses located in Jefferson County. The Mental Illness Levy funds comprehensive

- mental health,
- substance use treatment, and
- psychiatric care for Jefferson County individuals.

The levy is set for .0857 cents per \$1,000 assessed value of taxable personal property owed in 2023. This levy was set 40 years ago. The estimated annual revenue from the Mental Illness Levy for 2023 is \$3.4 million.

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DR. STEVEN CRAWFORD  
Board Member



**MARY DUNNEGAN**  
Chair



**DR. CLINT FREEMAN**  
Vice Chair



LESLIE HANSON  
Board Member



**MARK MERTENS**  
Treasurer



DONNA PULLIAM  
Board Member



LAUREN ROESCH  
Board Member



SHELLY SCHLUETER  
Board Member



**MICHAEL SITA**  
Secretary

# OUR BOARD

## EXECUTIVE COMMITTEE

- **MARY DUNNEGAN**, Chair
- **DR. CLINT FREEMAN**, Vice Chair
- **MARK MERTENS**, Treasurer
- **MICHAEL SITA**, Secretary

## FINANCE COMMITTEE

- MARK MERTENS, Treasurer
- MICHAEL SITA, Secretary
- LESLIE HANSON, Board Member

## PERSONNEL COMMITTEE

- MARY DUNNEGAN, Chair
- DR. CLINT FREEMAN, Vice Chair
- DONNA PULLIAM, Board Member

JCCMHFB contracted with Berry Organizational and Leadership Development (BOLD) to conduct an analysis of Jefferson County youth data, utilizing key findings of the demographic data and the community indicators through the **School-based Programs Assessment**. One hundred and nine (109) staff across the eleven (11) public Jefferson County school districts responded; the below data represents a brief overview of the key findings (Most Critical Behavioral Health/Mental Health (BH/MH) Issues). The full report is available upon request and on our website.

School personnel were asked to identify up to seven of the most critical behavioral/mental health (BH/MH) issues they believe students were facing in April of the 2022-2023 school year (N = total number of respondents for this question, which was 109). Findings showed that across all grade levels:

- **The most critical** BH/MH issue was “controlling emotions, anger management, and conflict resolution” (83%; N = 91).
- The **second** most critical issue was “anxiety, worry a lot, fear” (82%; N = 89).
- The **third** most critical BH/MH issue was “friend/peer relationships, social skills, problem solving, and self-esteem” (80%; N = 87).
- The **fourth** most critical BH/MH issue was “truancy/educational neglect” (53%; N = 58).
- The **fifth** most critical BH/MH issue was “depression/sad a lot” (52%; N = 57)
- The **sixth** most critical BH/MH issues was “self-harm and suicide” (41%; N = 45).

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JCCMHFB plans to collaborate with Berry Organizational and Leadership Development (BOLD) to identify areas of concern.

In support of the **Jefferson County Recovery Home Initiative and Living in Victory (LIV)**, JCCMHFB has assisted in funding Jefferson County's 1st female recovery home located in Hillsboro. The women's sober living home is anticipated to open in 2024.

# REVENUE

MIL Tax	\$3,588,757
Sales Tax	\$3,623,035
Interest Earned	\$18,327
<b>Total Revenue</b>	<b>\$7,230,120</b>

CY2022 reserves carried forward to CY2023	\$1,760,000
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# EXPENSE

Mental Health Services	\$7,275,382
• Adult (MIL Tax) \$3,671,056	
• Children (Sales Tax) \$3,604,326	
Administration	\$119,342
Contract Services	\$17,335
Facilities & Equipment	\$19,685
Insurance	\$7,807
Operations	\$17,417
Travel & Meetings	\$2,079
<b>Total Expense</b>	<b>\$7,459,047</b>

- JCCMHFB was contracted with Comtrea (now Compass) through 2023 with the organization as the primary agent to assure appropriate systems of care were in place for all Jefferson County individuals. Comtrea received a majority of 2023 funds to fulfill the preexisting contract thus displaying more expense going out than revenue coming in.
- JCCMHFB awarded a one-time grant pool of \$800,000 due to excess reserves (see MHF CY2023 Funded Agencies)
- Admin costs were under 5%

# 2023

## FINANCIAL RECAP

Financials shown are an overview of the year and not a final recording of 2023 finance statements.

# CY2023 FUNDED AGENCIES



Center for  
Behavioral Health

University of Missouri – St. Louis

**Awarded \$55,000**

For 45 years CBH has modeled 'best practice' in psychological assessment and provides some of the most thorough assessments and wide-ranging recommendations for the children we serve.

UMSL – Center for Behavioral Health ensures that accessible **psychological evaluation and therapy services** are available in the communities we serve. The Center serves as a regional center of excellence, leader, and innovator in psychological assessment and evaluation.

By providing the highest standard of patient care and training to future psychologists, we seek to educate and guide as many families as possible toward optimal psychological health.



**Awarded \$80,000**

## **School Based Counseling Services**

The overarching goal of this project is providing greater access to evidence-based interventions that reduce risk, improve health, and engage clients in meaningful steps toward recovery. Behavioral health services continue to include but not be limited to...

intake screenings, assessments, counseling, family therapy, follow-up services, crisis response, substance use disorder (SUD) treatment and referrals for services. By achieving the project's goals and objectives we will address children's needs and increase the number of children who achieve recovery from behavioral health concerns.



Compass Health  
Network



JCCMHFB was contracted with COMTREA through 2023, with the organization as the primary agent to assure appropriate systems of care were in place for all Jefferson County individuals.

### **Children's Advocacy Center Mission...**

is to facilitate a community-based collaborative effort to improve the system's response to allegations of child abuse and neglect by following the ChildFirst Doctrine.

### **Community Psychiatric Rehabilitation (CPR) program...**

for youth has focused on providing supports for a youth and their family in the home/community by directly assisting in skill building around the needs of a child with a severe emotional disturbance diagnosis.



**De Soto #73  
SCHOOL DISTRICT**

**Awarded \$31,250**

Cost for a **District Licensed Professional Counselor.**

Over the last 2 years of funding for an LPC, Ms. Hartgrove, has continued to support the daily needs of our students. Along with providing ongoing direct counseling services, she also serves as the initial contact person for students who are struggling with mental health issues.

She receives referrals from our building administrators, counselors, and teachers, and using a process she facilitated the collaborative creation of, determines if further risk assessment is needed and what level of ongoing support will best meet the needs of these students.

# CHILDREN'S SERVICE FUND

# CY2023 FUNDED AGENCIES



**FOSTER & ADOPTIVE  
CARE COALITION**

FOR EVERY CHILD... A PLACE TO CALL HOME

**Awarded \$75,000**

For Every Child ... A Place to Call Home

The Foster & Adoptive Care Coalition strives to create permanency in the lives of children impacted by foster care by recruiting and supporting foster and adoptive families in Jefferson County. Free supports for foster/adoptive/ guardianship families:

- Educational Advocacy
- Crisis Support
- Resource/referral
- Clothing and other material supports



**Lutheran Family and  
Children's Services of Missouri**

**Awarded \$75,000**

Through Christ's love, we empower children and families to overcome challenges today so they can build a better tomorrow.

Lutheran Family and Children's Services of Missouri (LFCS) provides counseling, psychiatry, parenting services, foster care, adoption services, childcare, and youth prevention programs to thousands of individuals, children, and families annually.

Mental Health Counseling Program activities include, but are not limited to intake, assessment, treatment planning, individual and family therapy, case management, crisis intervention, referrals to community resources, and discharge planning or aftercare.



**SAINT LOUIS  
COUNSELING**

IMPROVING LIVES SINCE 1955

A MINISTRY OF CATHOLIC CHARITIES

**Awarded \$50,000**

Saint Louis Counseling is a ministry of Catholic Charities of the Archdiocese of St. Louis. Committed to those we serve, our leadership and co-workers strive to live Catholic Charities' mission, vision, and values.

Our mission is to bring the **healing, help, and hope of Jesus Christ to those in need** with a compassionate, caring presence. The purpose of Saint Louis Counseling is to support healing and improved mental health for individuals and families of all backgrounds through professional counseling and psychiatry services.

**Scan QR code to view additional  
CSF & MHF agency program  
information.**



**or click HERE**

# CHILDREN'S SERVICE FUND



# \*2023 FUNDED AGENCIES

\*Awarded \$799,963.47 for services provided between May 1, 2023 to December 31, 2023.



**Awarded \$ 43,745.10**

ASPEN Network Inc. incorporates a **multilayered approach addressing rising mental health and substance use issues** in the community with a vision to connect individuals and families to the right resource at the right time. Education and awareness are key goals and objectives.

To reach a broad population ASPEN began the development of social media platforms, videos that provide mental health and resource education to the public, development of print media about mental health, increase resources in the **ASPEN Resource directory** and increase utilization of the ASPEN adult platforms. Awareness of rising mental health issues, along with how to identify warning signs is key to prevention and intervention.



**Awarded \$311,159.75**

Chestnut is able to continue and **expand its partnership with the 23rd Judicial Circuit / Jefferson County Treatment Court** as well as our current and ongoing adult treatment services in Jefferson County. A community approach is utilized to address the behavioral health needs (substance use / mental health) in Jefferson County.

The goal of this program is **providing greater access to behavioral health and evidence-based interventions** that reduce risk, improve health, and engage clients in meaningful steps toward recovery. Behavioral health services will continue to include but not be limited to intake screenings, assessments, counseling, family therapy, follow-up services, crisis response, substance use disorder (SUD) treatment and referrals for services.



**Awarded \$ 314,364.10**

Through the delivery of compassionate, quality care, we help people find their way along a path to better physical and emotional health.

## Overview of Services:

- Outpatient Therapy:
- Dialectical Behavior Therapy (DBT):
- Eye Movement Desensitization and Reprocessing (EMDR):
- Parent-Child Interaction Therapy (PCIT):
- A SAFE PLACE
- Adult Community Psychiatric Rehabilitation (CPRC)
- Adult Substance Use Services-Jefferson Region - ASAM (American Society of Addiction Medicine).



**Awarded \$130,694.52**

The **Whole Family Approach** is a family-led strategy that provides adults and children with tools to set, plan for, and achieve their goals together". We bill Medicaid for all therapy services. If you do not have insurance, you may qualify to have free service for you and your family.

We offer free transportation to and from appointments to eligible participants as well.

## Services Provided:

- Individual services for adults and children
- Family Therapy
- Case Management
- Transportation (to eligible participants)

# MENTAL HEALTH FUND

# CY2024-2025 FUNDED AGENCIES

**ASPEN NETWORK, INC.** - \$127,000



**ATLAS YOUTH OUTREACH** - \$132,000



**CHADS COALITION FOR MENTAL HEALTH** - \$114,022.48

\*Three programs



**CHESTNUT HEALTH SYSTEMS, INC.** - \$325,000



**COMPASS HEALTH, INC.** - \$4,870,000

\*Nine programs



**DE SOTO SCHOOL DISTRICT # 73** - \$59,482.49



**FOSTER & ADOPTIVE CARE COALITION** - \$155,000



**JEFFERSON FRANKLIN COMMUNITY ACTION CORPORATION** - \$90,867.51



**PREVENTED** - \$100,000



**SAINT LOUIS COUNSELING, INC.** - \$90,100



**UMSL** - Curators of the University of Missouri on behalf of UMSL - Center for Behavioral Health (CBH) - \$81,527.52

A MINISTRY OF CATHOLIC CHARITIES

\*Each of the above agencies were awarded funding for one program, except as indicated.



## CHILDREN'S SERVICE FUND

# CY2024 FUNDED AGENCIES



**ASPEN NETWORK, INC.**

\$67,500



**CHESTNUT HEALTH SYSTEMS, INC.**

\$395,000



**COMPASS HEALTH, INC.**

\$2,232,500

\*seven programs



**JEFFERSON FRANKLIN COMMUNITY ACTION CORPORATION**

\$70,000



**LIV RECOVERY SOBER LIVING**

\$250,000



**PREVENTED**

\$45,000

\*Each of the above agencies were awarded funding for one program, except as indicated.

## MENTAL HEALTH FUND

# MENTAL HEALTH RESOURCES

## **NATIONAL SUICIDE LINE**

1-800-273-8255

IF YOU NEED HELP OR  
SUPPORT  
CALL OR TEXT  
**CHADS' FAMILY SUPPORT  
WARM LINE**  
(WEEKDAYS 9AM-5:30PM)  
314-952-8274

## **THE TREVORLIFELINE LGBTQ CRISIS HOTLINE**

1-866-488-7386

## **VETERANS CRISIS LINE**

DIAL 988 THEN PRESS 1

## **MISSOURI CRISIS CALL AND TEXT LINE**

988

## **ASPEN NETWORK, INC RESOURCE DIRECTORY**

[HTTPS://BH.ASPENNETWORKING.  
ORG/PUBLIC/RESOURCE-  
DIRECTORY](https://bh.aspennetworking.org/public/resource-directory)

## **FIRST RESPONDER CRISIS TEXT LINE**

TEXT BADGE TO 741741